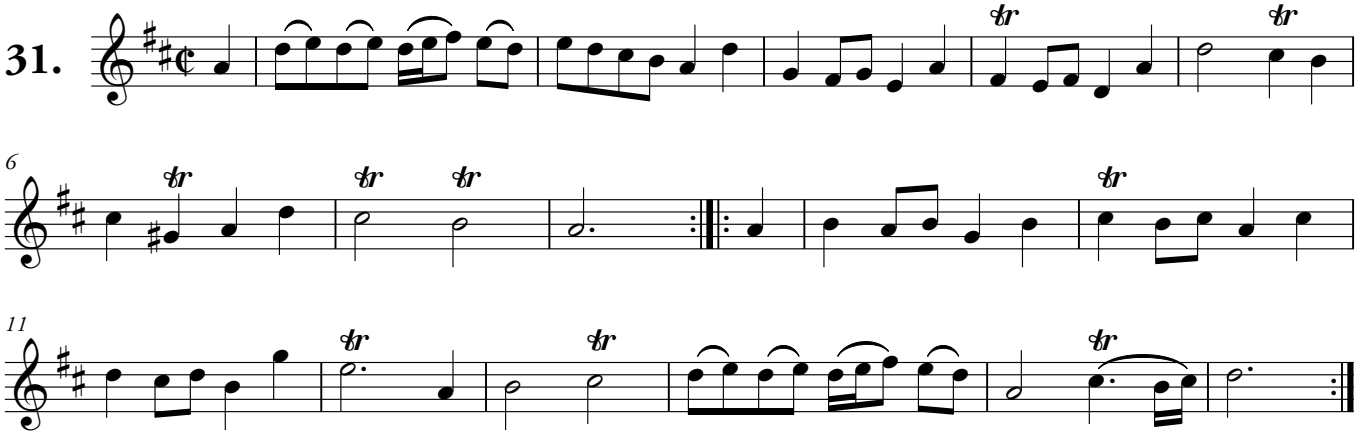Shady Bower's