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Lung Cancer Screening Test



(<https://cdn.goodbodyclinic.co.uk/wp-content/uploads/2023/10/Lung-Cancer.jpg>)

£340.00

Or 6 monthly interest free payments of £56.67 [Learn more](#)

EarlyCDT Lung is the one of the world's most thoroughly validated blood test for the detection of lung cancer. It detects lung cancer on average four years, and up to nine years, before standard clinical diagnosis.



It is a simple blood test that detects 7 circulating autoantibodies, which are generated by the body's immune system as a defence against lung cancer at the earliest stages of the disease.

- Simple at home sample collection
- No GP referral
- Results within 14 working days

Collection Method:

Blood taken at home via finger-prick kit

£340

[Find Out More](#)

ADD TO CART

Lung cancer has the highest mortality rate and one of the worst five-year survival rates of all cancers. It is especially deadly because symptoms are non-specific and patients often only seek medical attention when tumours have exceeded a critical size, or when cancer cells have attacked the lymph nodes or have metastasized. However, if lung cancer is detected early before it causes symptoms, the chances for curative treatment to work are good – the average five-year survival rate for the earliest stage of the disease can be as high as 90%. The NHS have implemented some screening using CT scanners to detect nodules in the lungs, which are then biopsied to see if nodule is malignant. However, there are limited resources for UK-wide screening, and CT scans are not determinate – if a nodule is within 4-20mm it's called an Indeterminate Pulmonary Nodule (IPN), which is too small to justify biopsy. Patients with IPNs are put on a watchful waiting list and will have regular CT scans, but by the time the nodule has grown large enough to be biopsied, it can be too late for curative treatment.

EarlyCDT has two uses:

- Screening for lung cancer



- Assessment of IPNs to triage for biopsy

EarlyCDT tells you whether your level of each antibody tested is low (no significant level), moderate or high. It then gives an overall result for all antibodies of Low, Moderate or High. This result is then used alongside your pre-test risk score from a published risk-score model to calculate your new Post-Test Risk of lung cancer.

EarlyCDT has a 99.3% Negative Predictive Value, meaning lung cancer is correctly ruled out 99.3% of the time.

WHO IS EARLYCDT RECOMMENDED FOR?

- People who are over the age of 50 with the equivalent of a 20-pack year smoking history (the equivalent of smoking a 20-pack of cigarettes per day for one year)
- People who are aged between 45-49 who are at increased risk of lung cancer e.g., smoker/ex-smoker, exposure to secondhand smoke, radiation therapy, exposure to radon gas, exposure to asbestos and other carcinogens, family history of lung cancer

What's included?





EarlyCDT Screening
1 bio marker

[Learn More](#)

Frequently Asked Questions

Placing an order

Which test should I choose?

You should choose the test that is right for your needs, symptoms and health concerns. Details of the health biomarkers included in each test can be found on the test pages on our website. If you want an all-round health test, we recommend the Well Woman or Well Man tests which provide the widest range of biomarkers and the best value to check numerous areas of your health.

I've just paid, can I change my order?

If you need to make any changes to your order or your booking, please [contact us \(/contact-us\)](/contact-us) and we will see what we can do to help you. Be aware that if you need to cancel your test, you may be charged a cancellation fee.

Can I order a test for someone else?

Yes – please add their details when making your booking, and then your details at the checkout if you need to. Please be aware



that our tests are only for customers aged 18 or over.

How often should I take a test?

We believe it's most effective to monitor your health regularly over time. So we recommend taking your test every three months. This is the amount of time it typically takes to see the impact of health and lifestyle changes.

Completing a Home Test

How do I take my sample?

All of the instructions and helpful tips are included in the test kit. Please take the time to read the instructions thoroughly before you take your sample. Please aim to fill the tube to the upper line if possible. If you have any problems, please [contact us \(/contact-us\)](#) and our helpful team will aim to assist you.

When should I take my sample?

We recommend taking your sample first thing in the morning, from Monday to Thursday, and posting your sample as soon as possible after it's collected. If you take the test the day, it's best to post the sample before the last post collection of the day. Please note if you're taking a testosterone test — it's important to collect the sample first thing in the morning around 9am, before eating.

Are there any top tips for taking my blood sample?

recommend giving yourself 30 minutes to complete your sample, and doing so from Monday to Thursday. Drink plenty of water for 24 hours before taking your sample to ensure you are well hydrated. Have a warm shower, bath or hold your hand in warm water for at least 5 minutes before taking your test to help blood flow. Make sure your hands are warm and clean. Do some light exercise beforehand too, jumping jacks, brisk walking or jogging



on the spot can help increase blood flow. Stand up for the whole process with your arm below your heart – gravity will help the blood flow to your finger. Gently massage your hand in a downwards motion, from just below your wrist to just above the prick on your finger. Do not squeeze too hard as this can damage the blood cells and we won't be able to analyse your sample. >

What if my kit needs other samples, such as urine?

If your test requires other samples, such as blood and urine or saliva, please follow the instructions within the kit to collect the required samples correctly. If you have any problems, please [contact our helpful team \(/contact-us\)](/contact-us).

I'm having difficulty obtaining enough blood.

Please aim to fill the tube to the upper line if possible. The tips below might help you collect your sample. If you have used all of your lancets and have not managed to fill the sample tube to at least the halfway mark, please let us know as other forms of testing may be more suitable for you. Here are some tips to help:

- Drink a glass of water. Being well hydrated will make it easier to collect your sample.
- Shower before you take your test or run your hands under warm water for a few minutes, as heat improves blood flow.
- Do some light exercise (move around, go for a walk, etc.) to get the blood flowing.
- Make sure your arm is below your heart level – let gravity do some of the work.
- Nails that are too long can make it difficult to collect a sample.

After your test

When do I get my results?

If you have completed a test and the sample has been sent to the laboratory for analysis, you should receive your results within 5 days of it arriving at the laboratory. For an in-clinic rapid test to



check Cholesterol or Diabetes, you will receive your results from the clinician your appointment.

My blood was haemolysed - what does that mean?

A haemolysed test result or 'haemolysis' can happen when the red blood cells in the sample burst.

How are my results sent to me?

Your results will be sent to you via email, using the email address you provide. For rapid Cholesterol and Diabetes test, which are completed and analysed in-clinic, your results will be given to you on a results card at the end of the appointment.

How do I book a follow up GP consultation?

You can find out more about our online GP Consultation Service [here \(/gp-consultation\)](#).
. Appointments are available at your convenience, from 8am to 8pm, 365 days a year.

Our Customers Love Us!



[_ \(https://uk.trustpilot.com/review/goodbodyclinic.com\)](https://uk.trustpilot.com/review/goodbodyclinic.com)





The numbers speak for themselves

250,000+

Tests completed

100+

Clinic locations

5 Years

Industry experience

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<https://health.goodbodyclinic.com>

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